

KOBLIN, HEALTH AND JOY

First of all Mr Goran Kojic wrote that the conversation with you was a great honor for his magazine and that you are very famous Holistic Holistic Practitioner and PHD in USA.

From your point of view different alternative methods are just different names for the same method—holistic energetic therapy. He said that for you living healthy means improving yourself all the time... searching the answers to the questions of our existence on Earth and the purpose of life. *“Health encompasses both physical and philosophical realms. It is the tool that fuels our motivation and journey to the realization and embodiment of all our dreams”*

Illness – the turning point

Before you turned to the alternative methods you experienced illness and a near death experience. Your dissatisfaction with standard medicine started with you own investigation... Tai chi chuan, Shiatsu, Macrobiotics and so on... and your progress was going very quickly... the improvement was obvious...

Three components of health

From your point there are three components of health: *physical, emotional and spiritual* activity... *YOU EXPLAINED*: The emotional is the most undefined: “A person can find many spiritual teachers and instructors of different physical activities but there are few practitioners who could teach us how to feel...so I would like to teach people how to improve their relationships and I think that is the link which is missing ... very often someone could feel they have attained a sense of being spiritual being and in the next moment yell at his closest friend or family member”

Alternatives go in the clinics

Mr Kojic pointed to the information which was already published in “Healthy Life” that the most significant success from all alternative methods in USA was showed by prayer and asked for your opinion. He said that you agreed: *I am happy that every day there are more and more clinics which offered this kind of cure... but besides the healing by prayer and meditation there are also yoga, acupuncture, macrobiotic and ayurveda and more ... Traditional Native Americans and most traditional cultures have a history of healing which they refer to the spiritual journey where people followed the their inner voice— the inner guide...”*

In green box: Wrong diagnoses killed

You said something about statistical data that one of the biggest killer of Americans is *Iatrogenic Illness*— where people die as a result of inappropriate medical treatment—the human factor where the wrong diagnoses and mistakes in treatment killed so many people. Your escape from a similar experience has helped you to be empathetic and has motivated you to inspire the path of health where people take response ability for their own health and life.